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Galvin Sng is an experienced Senior Family Life Educator with TOUCH Parenting, TOUCH Community Services. Sought after as a parenting speaker and coach, Galvin has a flair for engaging participants both in-person and online through an earnest and down-to-earth approach. He has a knack for synthesizing complicated concepts into comprehensible bite-sized chunks and presenting them through well-thought-out and aesthetically appealing materials. Galvin's work reflects a firm belief in combining quality facilitation with well-designed presentations to bring about the best level of engagement for optimal learning.

As the primary content designer for TOUCH Parenting's extensive suite of workshops, Galvin has consolidated many evidence-based concepts and strategies to develop an "Inside-Out" parenting model that is easily understood. This model helps parents make sense of what it means to embody the "3P's" to execute the "3E's" in achieving the outcome of a well-adjusted and confident child. His past work experiences as a youth leader, teacher, mentor and counsellor have given him the ability to provide an oft-missing youth perspective in his sharing. This encourages his participants to consider issues from their children's vantage point. In addition, his personal experience as a parent has accorded him the credibility not of being a parenting expert, but that of a fellow sojourner in the trenches, empathizing with the stress and discouragements that come with the journey. On this, many of Galvin's participants noted they left his sessions feeling understood, encouraged to work towards positive changes with their children.

Galvin is well-versed across the spectrum of parenting topics but holds two close to his heart: the mental and cyber wellness of children and youths, as well as the developmental stages of adolescence. He feels that parents empowered with sufficient knowledge in these areas would be in better positions to transform their relationships with their children and their subsequent behaviours, and thus makes it a point to link his sharing back to these areas.

Galvin holds a MSocSci in Professional Counselling from the Swinburne University of Technology. He is also a certified practitioner for the Positive Parenting Programme (Triple P) and Signposts for Building Better Behaviour (Signposts). He and his wife Charmaine have been married since 2009 and are proud parents of two children.



WHAT PARTICIPANTS ARE SAYING

"Awesome one! Engaging parents using clear and well-prepared speech with occasional jokes. Very relatable and applicable. It's been a long time since I have met an engaging speaker at a big parenting workshop."

– Parent @ **Ai Tong School**

"Very cheerful and a good presenter, able to catch the attention of the parents with his way of presenting."

– Parent @ **Innova Primary School**

"Galvin is an engaging speaker who uses various modes of sharing and presentation, and I've seen parents coming back for his talks as they find them useful and interesting."

– Teacher @ **St. Hilda's Secondary School**

"Galvin is excellent. He has a great sense of humor, punctures serious with fun, and brings an enlightened and well-balanced approach in helping us understand how parents must adapt in a new digital age. His knowledge and passion to help us is evident. Thank you!"

– Parent @ **St. Joseph's Institution Junior**

"Very knowledgeable, very clear, humorous and to the point. Attracts our attention without us feeling bored. Impactful sharing with specific and helpful tips. Keep it up!"

– Parent @ **Unity Secondary School**

"Galvin is very fluent and clear in his explanations. He has the ability to simplify concepts and engage the audience. Right touch of humor, personable and on point."

– Parent @ **Nanyang Girls' High School**

"Galvin is clear and charismatic, uses relevant personal examples to make the lesson points more relatable. He is knowledgeable in this area and able to clarify and engage audience."

– Participant @ **Ministry of Social and Family Development (MSF)**

"Galvin is funny, insightful, witty and winsome and able to deliver a normally staid message with on-point humor and wry situational observations."

– Parent @ **Montfort Secondary School**

"I want to express my heartfelt thanks and appreciation for your wonderful sharing at our Learning Festival... You might have noticed that there were many 'returning audience' throughout the week, as they truly benefited from you sharing and wanted to hear more from you."

– **Kuok Singapore Limited Group**

"The speaker is knowledgeable and passionate about the topic. His sharing is both realistic and practical. Very engaging and meaningful."

– Participant @ **Bank of Singapore**